



### Acai Bowl

With Fresh Strawberries, Raspberries, Chai Seeds  
& Granola-Crumble

\_.750

### Grilled Peaches

With Granola Crumble, Greek Yoghurt,  
Honey & Pecan Nuts

\_.500

### Over Night Raspberry Oats

With Honey & Pistachios

\_.400

**(Available until 11.30)**

For All Allergens Please Ask A Member Of Staff

## Breakfast & Brunch Menu

Please Order At The Till

### Full English

Streaky Bacon, Sausage, Black Pudding,  
Hash Brown, Tomato, Mushroom, Baked Beans,  
Egg Of Your Choice  
& Toasted Sourdough.

\_\_9.95

### Veggie Breakfast

Halloumi, Smashed Avo, Hash Brown, Spinach, Mushroom, Tomato,  
Baked Beans, Eggs Of Your Choice  
& Toasted Sourdough.

\_\_9.50

### Vegan Breakfast

Hash Brown, Spinach, Mushroom, Tomato, Baked Beans,  
Smashed Avo, Beetroot Hummus  
& Toasted Rye

\_\_9.50

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### Eggs Benedict

Smoked Salmon & Smashed Avo \_\_9.50

Hot Smoked Mackerel \_\_8.00

Streaky Bacon \_\_7.50

Mushroom & Spinach \_\_6.00

Florentine \_\_5.00

### French Toast

Berries & Mascarpone \_\_6.50

Streaky Bacon & Maple Syrup \_\_5.95

### Buttermilk Pancakes

Berries & Mascarpone \_\_6.50

Streaky Bacon & Maple Syrup \_\_5.95

Blueberry \_\_6.50

Maple Syrup \_\_3.85

### Toast

Bacon & Eggs on Toast \_\_4.95

Mushrooms & Eggs on Toast \_\_5.50

Smashed Avo On Toast \_\_3.50

Beans on Toast \_\_3.50

Peanut Butter On Toast \_\_2.50

Butter & Jam On Toast \_\_2.00

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## Power Bowls

Beetroot & Hot Smoked Mackerel Salad  
\_8.25

Chicken & Kale Caesar Salad  
\_8.25

Edamame, Sugar snap  
& Celery Salad  
\_7.50

South-East-Asian Noodle Salad  
\_7.50

Harissa Houmous On Toast  
with Grated Carrot  
\_3.80

## Add To Your Salad

Smoked Salmon\_\_3.80

Hot Smoked Mackerel\_\_3.50

Harissa Chicken\_\_3.00

Poached Chicken\_\_2.50

Asian Slaw\_\_2.40

Harissa Houmous\_\_2.00

Beetroot Houmous\_\_2.00

Smashed Avo\_\_2.00

Marinated Beetroot\_\_1.25

Poached Egg\_\_1.20

Toasted Rye\_\_1.25

Toasted Bagel\_\_1.25

Toasted Sourdough\_\_1.00

Dressed Cucumber Ribbons\_\_0.75

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## Sandwiches

Sausage or Dry Cure Back Bacon Barm  
\_\_3.00

CBLT - Chicken Bacon, Lettuce, Tomato  
& Roasted Garlic Mayo on toasted sourdough  
\_\_4.95

Chicken, Avo & Crispy Bacon on Toasted Sourdough  
\_\_4.95

Smoked Salmon & Cream Cheese Bagel  
With Cucumber Ribbons & Whole Grain Mustard & Dill Dressing  
\_\_4.95

New York Deli Bagel  
Pastrami, Emmental Cheese,  
Pickled Cabbage & Gherkins With a Whole Grain Mustard Mayo  
\_\_4.95

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